



WHAT TO EXPECT
FROM THE
INTRATHECAL
BACLOFEN (ITB)
TRIAL DOSE



Many neurological conditions cause symptoms of spasticity that affect daily activities. Have you experienced stiffness, spasms, pain or weakness?

Intrathecal Baclofen (ITB) Therapy might be right for you. To find out, speak to your doctor about a trial dose.

RESULTS OF THE TRIAL DOSE MAY INCLUDE:¹

- | | |
|-------------------------------------|---------------------------------------|
| » Perform routine tasks more easily | » Increase your range of motion |
| » Feel less fatigued | » Reduce your spasm-related pain |
| » Reduce cramps or spasms | » Sit, stand or walk more comfortably |
| » Improve your balance | » Improve speaking ability |

Results of the trial will only last 4-8 hours. The trial dose procedure is a commitment-free way to determine if you may be eligible for ITB therapy.

Here's what you can expect.

1

BEFORE YOUR TRIAL¹

Before your trial dose, there will be a planning assessment that includes a complete history and physical exam. You and/or your caregiver(s) will be educated about goals and what a successful screening trial looks like.

EVALUATION

Receive a standard spasticity assessment and discuss risks with your doctor

INFORMATION

Reference helpful and educational resources to learn more about spasticity

GOAL-SETTING

Identify your goals and set expectations for the trial screening

2

DAY OF YOUR TRIAL¹

Trial dose procedures may vary and you should always follow the instruction and direction of your doctor, however the below describes a typical trial dose.

TEST DOSE

Doctor will administer the ITB trial dose via a lumbar puncture (or "spinal tap") in your lower back using sterile techniques. Liquid baclofen is injected into the spinal canal as a single dose.

MONITOR

Doctor will monitor changes in your body over the next 4-8 hours.

NEXT STEPS

Meet with your doctor to decide if ITB is right for you

3

AFTER YOUR TEST DOSE¹

If your screening test dose results indicate a successful screening test, you may be considered for ITB therapy.

If the initial response is less than desired, your doctor may discuss follow-up trial screenings to further evaluate your response to ITB therapy.

Patient Resources

www.spasticityalliance.org

www.lifewithspasticity.com

www.aans.org/patients/neurosurgical-conditions-and-treatments/spasticity

www.stroke.org/we-can-help/survivors/stroke-recovery/post-stroke-conditions/physical/spasticity/

SOURCE

1. Boster AL, Bennett SE, Bilsky GS, Gudesblatt M, Koelbel SF, McManus M, Saulino M. Best Practices for Intrathecal Baclofen Therapy: Screening Test. *Neuromodulation*. 2016;19(6):616-622



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